NIKHIL NANAVATI
MBBS MRCS FRCS (Tr and Orth) MSc Orth Eng (Merit)
Consultant Orthopaedic Surgeon

CHEILECTOMY 1ST MTPJ

Post op:

- ELEVATE ++
- ROUTINE OBSERVATIONS AND INSTRUCTIONS
- MOBILISE WB AS ABLE
- HOME LATER WHEN SAFE AND COMFORTABLE
- REDUCE DRESSINGS 5/7
- **PHYSIO FROM 10/7 – PASSIVE + ACTIVE 1ST MTPJ MOBILISATION**
  AID INC MOBILITY/FUNCTION
- WOUND CHECK 2/52
- SEE OUTPATIENT DEPT 6-8/52