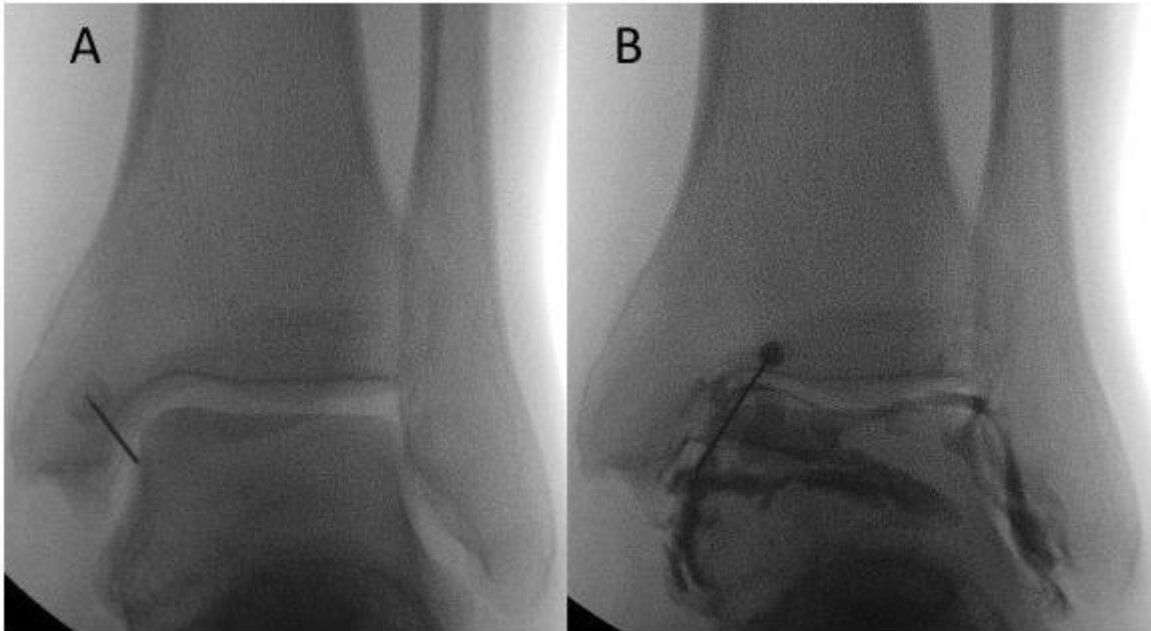




NIKHIL NANAVATI

Foot and ankle injections



A combination of steroid and local anaesthetic can be applied under X-ray guidance to provide symptomatic pain relief and establish if the pain was coming from that joint.

A dye is also used to confirm that the needle is in the correct place prior to injecting.

If patients have a good response to an injection, it confirms that this joint was the source of pain. Conversely, if there is little pain relief from the injection, it is likely that the pain is coming from another source.

Injectons can be repeated at regular intervals if required.

Patients will also be provided with a personalised treatment plan following their individual operations.